

# Medi-Cal Mobile Crisis Services Benefit



The new Medi-Cal Mobile Crisis Services benefit provides access to behavioral health crisis care to you, or someone you know, 24/7/365.

## What is a “behavioral health crisis”?

A “behavioral health crisis” is any event or situation that may lead to a potential safety concern as a result of behavioral health conditions, which can be related to mental health or substance use. A crisis may begin the moment things begin to fall apart (such as running out of medications or being overwhelmed by the urge to use a substance you are trying to avoid) and may continue until a mobile crisis team can help you get connected to ongoing support.

## What crisis services are provided?

Mobile crisis services are provided by a team of trained behavioral health professionals. The mobile crisis team will assess how they can help and will provide support to resolve or de-escalate the crisis situation. Mobile crisis teams can refer you to ongoing services or, if needed, will arrange for or provide transportation to local community resources.

## Where are mobile crisis services available?

Mobile crisis services come to you! Services are provided wherever you, or someone you know, are experiencing a behavioral health crisis (home, school, workplace, on the street, etc.) Your county has a 24/7/365 hotline number that you can call if you need help during a crisis.

Medi-Cal Mobile Crisis Services Hotline Number: \_\_\_\_\_

County Name \_\_\_\_\_

County: \_\_\_\_\_  
Phone #: \_\_\_\_\_